

LIGUE DES PAYS DE LA LOIRE

GRILLES DE TEMPS TOUS BASSINS JUNIORS ET SENIORS - SAISON 2020 /2021 - DE QUALIFICATION POUR LES CHAMPIONNATS REGIONAUX

DAMES					
Epreuves	Juniors 1	Juniors 2	Juniors 3	Juniors 4	Séniors
50L	32.30	31.70	31.10	30.80	30.50
100L	1.10.40	1.08.90	1.07.40	1.06.70	1.06.10
200L	2.31.60	2.28.30	2.25.00	2.23.95	2.22.90
400L	5.16.50	5.09.75	5.03.00	4.59.15	4.55.30
800L	10.41.60	10.27.65	10.13.70	10.07.65	10.01.60
1500L	20.52.90	20.22.55	19.42.10	19.25.85	19.09.60
50D	36.80	36.15	35.50	34.95	34.50
100D	1.19.50	1.18.35	1.17.20	1.16.15	1.15.10
200D	2.52.50	2.48.25	2.44.00	2.42.40	2.40.80
50B	41.10	40.10	39.10	38.60	38.10
100B	1.30.10	1.28.25	1.26.40	1.25.25	1.24.10
200B	3.12.70	3.08.30	3.04.30	3.02.25	3.00.20
50P	34.40	33.60	32.80	32.45	32.10
100P	1.17.80	1.15.60	1.13.40	1.12.50	1.11.70
200P	2.54.50	2.49.45	2.44.40	2.42.55	2.40.70
200 4N	2.53.70	2.50.00	2.46.30	2.43.60	2.41.90
400 4N	6.04.30	5.55.50	5.46.70	5.43.90	5.39.10

MESSEURS					
Epreuves	Juniors 1	Juniors 2	Juniors 3	Juniors 4	Séniors
50L	29.20	28:60	28.00	27:65	27.30
100L	1.03.70	1.02.45	1.01.20	1.00.35	59.50
200L	2.17.90	2.14.50	2.11.10	2.10.10	2.09.10
400L	4.51.40	4.43.65	4.35.90	4.33.90	4.31.90
800L	10.01.60	9.44.25	9.26.90	9.23.00	9.19.10
1500L	18.48.10	18.27.95	17.55.80	17.52.10	17.48.40
50D	33.70	32.95	32.20	31.75	31.30
100D	1.12.70	1.10.80	1.09.10	1.08.35	1.07.60
200D	2.36.70	2.34.20	2.29.10	2.27.30	2.25.60
50B	36.80	35.80	34.80	34.55	34.30
100B	1.21.90	1.22.00	1.17.10	1.16.35	1.15.60
200B	3.00.40	2.57.90	2.45.50	2.44.40	2.43.50
50P	31.00	30.25	29.50	29.30	29.10
100P	1.09.60	1.07.70	1.05.80	1.04.05	1.04.30
200P	2.35.00	2.31.00	2.27.00	2.25.45	2.23.90
200 4N	2.35.30	2.31.80	2.28.30	2.27.40	2.26.50
400 4N	5.30.10	5.23.90	5.17.30	5.09.90	5.12.10