

# LIGUE DES PAYS DE

## GRILLES DE TEMPS TOUS BASSINS - SAISON 2020 /2021 - DE QUALIFICATION POU

DAMES					
Epreuves	Juniors 1. & Jeunes	Juniors 2	Juniors 3	Juniors 4	Séniors
50L	32.30	31.70	31.10	30.80	30.50
100L	1.10.40	1.08.90	1.07.40	1.06.70	1.06.10
200L	2.31.60	2.28.30	2.25.00	2.23.95	2.22.90
400L	5.16.50	5.09.75	5.03.00	4.59.15	4.55.30
800L	10.41.60	10.27.65	10.13.70	10.07.65	10.01.60
1500L	20.52.90	20.22.55	19.42.10	19.25.85	19.09.60
50D	36.80	36.15	35.50	34.95	34.50
100D	1.19.50	1.18.35	1.17.20	1.16.15	1.15.10
200D	2.52.50	2.48.25	2.44.00	2.42.40	2.40.80
50B	41.10	40.10	39.10	38.60	38.10
100B	1.30.10	1.28.25	1.26.40	1.25.25	1.24.10
200B	3.12.70	3.08.30	3.04.30	3.02.25	3.00.20
50P	34.40	33.60	32.80	32.45	32.10
100P	1.17.80	1.15.60	1.13.40	1.12.50	1.11.70
200P	2.54.50	2.49.45	2.44.40	2.42.55	2.40.70
200 4N	2.53.70	2.50.00	2.46.30	2.43.60	2.41.90
400 4N	6.04.30	5.55.50	5.46.70	5.43.90	5.39.10

## LA LOIRE

### IR LES CHAMPIONNATS REGIONAUX 3 de LAVAL des 2,3 & 4 juin 2021

MESSEURS					
Epreuves	Juniors 1. & Jeunes	Juniors 2	Juniors 3	Juniors 4	Séniors
50L	29.20	28:60	28.00	27:65	27.30
100L	1.03.70	1.02.45	1.01.20	1.00.35	59.50
200L	2.17.90	2.14.50	2.11.10	2.10.10	2.09.10
400L	4.51.40	4.43.65	4.35.90	4.33.90	4.31.90
800L	10.01.60	9.44.25	9.26.90	9.23.00	9.19.10
1500L	18.48.10	18.27.95	17.55.80	17.52.10	17.48.40
50D	33.70	32.95	32.20	31.75	31.30
100D	1.12.70	1.10.80	1.09.10	1.08.35	1.07.60
200D	2.36.70	2.34.20	2.29.10	2.27.30	2.25.60
50B	36.80	35.80	34.80	34.55	34.30
100B	1.21.90	1.22.00	1.17.10	1.16.35	1.15.60
200B	3.00.40	2.57.90	2.45.50	2.44.40	2.43.50
50P	31.00	30.25	29.50	29.30	29.10
100P	1.09.60	1.07.70	1.05.80	1.04.05	1.04.30
200P	2.35.00	2.31.00	2.27.00	2.25.45	2.23.90
200 4N	2.35.30	2.31.80	2.28.30	2.27.40	2.26.50
400 4N	5.30.10	5.23.90	5.17.30	5.09.90	5.12.10